

Dr. Garcia General & Cosmetic Dentistry

June Newsletter

Issue: #13

JUNE/2009

In This Issue

[Dr. G on Facebook!](#)

[Welcome Laura Lyons](#)

[Quick Tips for a Bright Smile](#)

[Spotlight on Local Businesses](#)



Dr. Garcia General & Cosmetic Dentistry

36 S. Charles St.
Suite 2202
Baltimore, MD 21201

410.837.0304

[Visit our website!](#)

NEW!
[Downtown Parking Info](#)

[Map it!](#)

BECOME A 'FAN' OF DR. G!

Are you one of the 180 million members of Facebook?

If so, click [here](#) to become a 'fan' of Dr. Garcia's and we'll see

Dear Valued Client,

Last month we ran a "Forward to a Friend" contest. This month we want to congratulate our winner, Regina Pappas! She won \$100 off of our Zoom for forwarding our newsletter to the most people.

Thanks to Regina and thanks to everyone for spreading the word about Dr. G's office!



Sincerely,
Dr. G & his staff

WELCOME TO LAURA LYONS!

The Newest Member of our Dr. G Family



We are very excited to welcome another wonderful team member to our office, Laura Lyons (L).

This month our office will be saying "goodbye" to a great team member, Jill Offenbacher, our Front Desk Manager over the past few years. Jill is moving to Texas for new and exciting opportunities. Although we will miss her greatly, please help us in wishing her the best in her new life!

With Jill's departure comes a new "hello" to Laura Lyons. Laura will be coming on board as our new Director of Finance.

Laura comes to us with an incredible knowledge and experience in dental administration and we are sure you will find her warm and friendly in helping you understand your dental insurance and treatment needs. Laura enjoys her life with her new husband and has two sons, one of whom just graduated high school. We look forward to you meeting her at your next appointment!

QUICK TIPS FOR A BRIGHTER SMILE!

Most everyone wants a brighter smile, especially in the summer. Yellow, dingy teeth are a common complaint in our office.

Search and view our
you online!



Our Staff

Dr. Nicholas Garcia

Dr. Dena Wrigley

Dr. Natalie Mercho

**Terri & Sandy,
Dental Assistants**

**Regan, Judith &
Nicole,
Hygienists**

**Carrie, Office
Manager**

**Jill, Front Desk
Manager**

**Laura, our new
Director of Finance**

**Amy, Scheduling
Manager**

**Lacey,
Administrative
Assistant**

Join Our List!

Join Our Mailing List!

Invite a Friend!

Forward to a Friend

The brightness of your smile is somewhat dependent on factors like your age and diet. As you get older, the outer part of your teeth wears thin, allowing the yellowish dentin to show through. And the things you eat and drink, like coffee, tea, cola, wine and berries, may also discolor your teeth.

Here are some tips to keep your smile as bright as it can be:

- Brush at least twice a day for two minutes each session, and floss daily.
- Get a dental checkup and cleaning every 4-6 months.
- Stop smoking; tobacco is one of the biggest offenders in ruining white smiles due to staining.
- A healthy diet will benefit your smile just the same way as it will benefit the rest of your body. Avoid coffee, tea, soda, sugar and sweets. If you do indulge once in a while, be sure to brush your teeth afterwards.
- Consider a professional whitening system like Zoom!, offered here in our office. The results are immediate, and it is a safe and affordable way to get the results you are looking for fast.

The most important factor in a bright and healthy smile is also to remember to actually smile! Remember, if you smile to the world, the world will smile at you!

SPOTLIGHT ON LOCAL BUSINESSES

NahkuD Butterfly

This month we are highlighting the hand-made jewelry business of one of our employees, Sandra King (seen here with her daughter at Sowebo Festival).

Sandy's jewelry is uniquely designed and focuses on enhancing the beauty of the wearer. She loves butterflies and they are a central theme in her design. Find out more about her jewelry [here](#).



If you would like us to highlight your business, please contact Carrie, our Office Manager, at carrie@drarciadds.com.

OUR MISSION

To be truly modern, today's dentistry should meet all of its patients' expectations. It should offer the most personalized care possible, in an attractive and comfortable environment. It should be dedicated to its patient's dental health, offering all the latest dental techniques and procedures. It should use advanced technology to create a beautiful mouth and a perfect smile for each patient, all while reducing any possibility of pain. It should accomplish all of this with friendliness, thoughtfulness and

professionalism.

At our practice, we strive to achieve the ideal in modern dentistry. Our goal is to create a dental practice that is ideal for our patients, where each staff member is a highly-trained dental professional. A practice so agreeable that you feel cared for before you even sit in the chair overlooking downtown Baltimore. We are a practice that makes it possible for your dental dreams to come true, sculpting a smile that is second to none.

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to carrie@drgarciadds.com by carrie@drgarciadds.com.

[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Dr. Garcia General & Cosmetic Dentistry | 36 South Charles Street | Suite 2202 | Baltimore | MD | 21201